INTERDISCIPLINARY FORUM ON MENTAL HEALTH AND FAMILY LAW

Meeting on November 21, 2013

Resources for Transgender Youth

1) National Center for Lesbian Rights – Transgender Law Project, http://www.nclrights.org/explore-the-issues/transgender-law/transgender-youth/

2) Lambda Legal Transgender Rights Toolkit http://www.lambdalegal.org/know-your-rights/transgender

3) Transgender Legal Defense & Education Fund: http://www.transgenderlegal.org/work_show.php?id=7

4) Trans Youth Equality Foundation http://www.transyouthequality.org/documents/Top_11_Tips.pdf

5) Trans Youth Support Network http://www.transyouthsupportnetwork.org/index.html

Resources for Professionals:

6) World Professional Association for Transgender Health, Standards of Care & Bibliography http://www.wpath.org/uploaded_files/140/files/IJT%20SOC,%20V7.pdf

7) CDC article on Lesbian, Gay, Bisexual and Transgender Health – Youth
http://www.cdc.gov/lgbthealth/youth.htm

8) Lambda Legal – Toolkit for Working with Transgender Youth
http://data.lambdalegal.org/publications/downloads/gdtb_working-with-transgender-youth.pdf

9) Voices of many parents expressed in many articles
http://www.huffingtonpost.com/tag/parents-of-transgender-children

10) Issues Parents Face When a Child is Transitioning
http://www.huffingtonpost.com/leslie-lagerstrom/parts-unknown_b_3948526.html

11) When the Courts get involved

http://dot429.com/articles/2811-two-teenagers-granted-permission-to-transition-despite-legal-status-as-minors

http://www.lgbtqnation.com/2013/09/uk-transgender-youth-denied-hormone-treatment-to-prevent puberty/

http://www.transyouthequality.org/documents/Milton_Diamond-Ethical_Concerns_In_Treating_GID_Children-2005.pdf

12) Trans Youth Equality Foundation [TCARE] offers health care statements with cross-references to other professional materials, groups, etc.
http://www.transyouthequality.org/

13) TCARE excerpts from an article on "Gender Reassignment Survey"
http://www.transyouthequality.org/documents/TCARE-GRS_An_Effective_and_Valuable_Medical_Procedure.pdf

14) Gay & Lesbian Medical Association, 459 Fulton St., Suite 107
San Francisco, CA
www.glma.org

Resources For Families

15) Gender Spectrum provides education, training and support to help create a gender sensitive and inclusive environment for all children and teens
https://genderspectrum.org/

16) Family Acceptance Project – a team of researchers working to decrease health and related risks for lesbian, gay, bisexual and transgender (LGBT) youth, such as suicide, substance abuse, HIV and homelessness – in the context of their families
http://familyproject.sfsu.edu/

17) Gay, Lesbian & Straight Educational Network [GLSEN] – begun 25 years ago by a group of teachers in Massachusetts dedicated to improving the education system for lesbian, gay, bisexual and transgender (LGBT) students, it has become a national education organization focused on ensuring safe schools for all students
http://glsen.org/

18) Trans Youth Family Allies (TYFA) – a resource for parents, educators and health care practitioners
http://www.imatyfa.org/

19) GLSEN & the National Center for Transgender Equality, "Model District Policy on Transgender and Gender Non-Conforming Students"
http://transequality.org/Resources/Model%20District%20Trans%20and%20GNC%20Policy%20FINAL.pdf

20) Pflag - PFLAG is the nation's largest family and ally organization. Made up of parents, families, friends, and straight allies united with people who are lesbian, gay, bisexual, and transgender (LGBT), PFLAG is committed to advancing equality and societal acceptance of LGBT people through its threefold mission of support, education and advocacy
http://pflag.org/ Also for Pflag's TransParent Project in NYC contact: transgender@pflagnyc.org

21) Stepping Stones: A network of support for families with gender non-conforming children. Contact them at: steppingstonessupportgroup@gmail.com

22) Ackerman Institute for the Family's Gender and Family Project run by Jean Malpas empowers families of gender nonconforming and transgender children and adolescents by offering affirmative clinical services, professional training and community building
http://www.ackerman.org/posts/view/142-the-gender-and-family-project

23) Camp Aranu'tig in Vermont & California provide transgender and gender-variant youth with unique outdoor camp experience where campers are able to express gender however they are comfortable and connect with others in similar situations
http://www.camparanutiq.org/

24) Camp Outright (run by the Common Ground Center) is a residential summer camp experience designed for queer and allied youth ages 13-22
http://www.cgcvt.org/content/camp-outright

25)

26) Gender Spectrum and TYFA also have connections to summer camps as well

Media

27) Film by a daughter about her father's transition
http://www.projectdadfilm.com/about/

28) "Ma Vie En Rose" (My Life in Pink) – 7 year old who identifies as a girl; for stills from the film go
http://screenshotworld.blogspot.com/2007/06/ma-vie-en-rose-1997.html

29) Stephen Brill & Rachel Pepper, "The Transgender Child: A Handbook for Families & Professionals

30) Diane Ehrensaft, "Transgender Born, Transgender Made"

31) "S/he"
http://nymag.com/news/features/transgender-children-2012/6

32) Ruth Padawer, "What's So Bad About A Boy Who Wants to Wear a Dress?" New York Times Magazine, August 8, 2012
http://www.nytimes.com/2012/08/12/magazine/whats-so-bad-about-a-boy-who-wants-to-wear-a-dress.html