DESCRIPTION:

Gender affirmation surgery, also known as sexual reassignment surgery, gender reassignment surgery, or gender confirming surgery, is the collection of multiple medical and surgical procedures to treat gender dysphoria.

The Diagnostic and Statistical Manual of Mental Disorders (DSM-5) defines gender dysphoria in adults as:

1. A marked incongruence between one’s experienced/expressed gender and assigned gender, of at least 6 months duration, as manifested by at least two of the following:
   • A marked incongruence between one’s experienced/expressed gender and primary and/or secondary sex characteristics (on in young adolescents, the anticipated secondary sex characteristics).
   • A strong desire to be rid of one’s primary and/or secondary sex characteristics because of a marked incongruence with one’s experienced/expressed gender (on in young adolescents, a desire to prevent the development of the anticipated secondary sex characteristics).
   • A strong desire for the primary and/or secondary sex characteristics of the other gender.
   • A strong desire to be of the other gender (or some alternative gender different from one’s assigned gender).
   • A strong desire to be treated as the other gender (or some alternative gender different from one’s assigned gender).
   • A strong conviction that one has the typical feelings and reactions of the other gender (or some alternative gender different from one’s assigned gender).

2. The condition is associated with clinically significant distress or impairment in social, occupational, or other important areas of functioning.
POSITION STATEMENT:

NOTE: Coverage for gender affirmation surgery is subject to the member’s benefit terms, limitations and maximums. Refer to specific contract language regarding gender reassignment.

Female to Male surgery

Hysterectomy and ovariectomy for female to male members meets the definition of medical necessity when ALL of the following are met:

A. Member is 18 years or older
B. Member has the capacity to make a fully informed decision and to consent for treatment
C. Documentation shows persistent and well documented gender dysphoria
D. No medical contraindications to surgery
E. Any mental health concerns are well controlled
F. Documentation of 12 continuous months of hormone therapy (unless the member has a medical contraindication or is otherwise unable to take hormones); AND
G. Referral letters from two independent licensed mental health professionals unless referred through a multidisciplinary team.

Metoidioplasty or phalloplasty for female to male members meets the definition of medical necessity when ALL of the following are met:

A. Member is 18 years or older
B. Member has the capacity to make a fully informed decision and to consent for treatment
C. Documentation shows persistent and well documented gender dysphoria
D. No medical contraindications to surgery
E. Any mental health concerns are well controlled
F. Documentation of 12 continuous months of hormone therapy (unless the member has a medical contraindication or is otherwise unable to take hormones); AND
G. Referral letters from two independent licensed mental health professionals unless referred through a multidisciplinary team.

Mastectomy and creation of a male chest for female to male members meets the definition of medical necessity when ALL of the following are met:

A. Member is 18 years or older
B. Member has the capacity to make a fully informed decision and to consent for treatment
C. Documentation shows persistent and well documented gender dysphoria
D. No medical contraindications to surgery
E. Any mental health concerns are well controlled; AND
F. One referral letter from a licensed mental health professional.

(Note: Hormone therapy is not a pre-requisite.)

Male to Female Surgery
Orchiectomy, penectomy for male to female members meets the definition of medical necessity when ALL of the following are met:

A. Member is 18 years or older
B. Member has the capacity to make a fully informed decision and to consent for treatment
C. Documentation shows persistent and well documented gender dysphoria
D. No medical contraindications to surgery
E. Any mental health concerns are well controlled
F. Documentation of 12 continuous months of hormone therapy (unless the member has a medical contraindication or is otherwise unable to take hormones); AND
G. Referral letters from two independent licensed mental health professionals unless referred through a multidisciplinary team.

Vaginoplasty, clitoroplasty, vulvoplasty for male to female members meets the definition of medical necessity when ALL of the following are met:

A. Member is 18 years or older
B. Member has the capacity to make a fully informed decision and to consent for treatment
C. Documentation shows persistent and well documented gender dysphoria
D. No medical contraindications to surgery
E. Any mental health concerns are well controlled
F. Documentation of 12 continuous months of hormone therapy (unless the member has a medical contraindication or is otherwise unable to take hormones); AND
G. Referral letters from two independent licensed mental health professionals unless referred through a multidisciplinary team.

Breast augmentation (implants/lipofilling) for male to female members meets the definition of medical necessity when ALL of the following are met:

A. Member is 18 years or older
B. Member has the capacity to make a fully informed decision and to consent for treatment
C. Documentation shows persistent and well documented gender dysphoria
D. No medical contraindications to surgery
E. Any mental health concerns are well controlled
F. Documentation of 12 continuous months of hormone therapy (unless the member has a medical contraindication or is otherwise unable to take hormones); AND
G. One referral letter from a licensed mental health professional.

Other

Procedures primarily for feminization or masculinization are considered aesthetic (cosmetic) and excluded from coverage on most contracts. Procedures considered cosmetic include but are not limited to the following:

- Blepharoplasty
- Face lift
- Facial bone reconstruction
- Hair removal/hairplasty
- Liposuction
- Nose implants
- Reduction thyroid chondroplasty
- Rhinoplasty
- Voice modification surgery.

**BILLING/CODING INFORMATION:**

**CPT Coding:**

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>55970</td>
<td>Intersex surgery; male to female</td>
</tr>
<tr>
<td>55980</td>
<td>Intersex surgery; female to male</td>
</tr>
</tbody>
</table>

Additionally, the following combinations of individual procedures may be billed separately:

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>19303</td>
<td>Mastectomy, simple, complete</td>
</tr>
<tr>
<td>19318</td>
<td>Breast reduction</td>
</tr>
<tr>
<td>19325</td>
<td>Breast augmentation with implant</td>
</tr>
<tr>
<td>53430</td>
<td>Urethroplasty, reconstruction of female urethra</td>
</tr>
<tr>
<td>54125</td>
<td>Amputation of penis; complete</td>
</tr>
<tr>
<td>54520</td>
<td>Orchietomy, simple (including subcapsular), with or without testicular prosthesis, scrotal or inguinal approach</td>
</tr>
<tr>
<td>54660</td>
<td>Insertion of testicular prosthesis</td>
</tr>
<tr>
<td>54690</td>
<td>Laparoscopy, surgical; orchietomy</td>
</tr>
<tr>
<td>55180</td>
<td>Scrotoplasty; complicated</td>
</tr>
<tr>
<td>56625</td>
<td>Vulvectomy, simple; complete</td>
</tr>
<tr>
<td>56800</td>
<td>Plastic repair of introitus</td>
</tr>
<tr>
<td>56805</td>
<td>Clitoroplasty for intersex state</td>
</tr>
<tr>
<td>57110</td>
<td>Vaginectomy, complete removal of vaginal wall;</td>
</tr>
<tr>
<td>57291</td>
<td>Construction of artificial vagina; without graft</td>
</tr>
<tr>
<td>57292</td>
<td>Construction of artificial vagina; with graft</td>
</tr>
<tr>
<td>57295</td>
<td>Revision (including removal) of prosthetic vaginal graft; vaginal approach</td>
</tr>
<tr>
<td>57296</td>
<td>Revision (including removal) of prosthetic vaginal graft; open abdominal approach</td>
</tr>
<tr>
<td>57426</td>
<td>Revision (including removal) of prosthetic vaginal graft, laparoscopic approach</td>
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<tr>
<td>58150</td>
<td>Total abdominal hysterectomy (corpus and cervix), with or without removal of tube(s), with or without removal of ovary(s);</td>
</tr>
<tr>
<td>58552</td>
<td>Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 grams or less; with removal of tube(s) and/or ovary(s)</td>
</tr>
<tr>
<td>58554</td>
<td>Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 grams; with removal of tube(s) and/or ovary(s)</td>
</tr>
<tr>
<td>58571</td>
<td>Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)</td>
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<tr>
<td>58573</td>
<td>Laparoscopy, surgical, with total hysterectomy, for uterus greater than 250 g; with removal</td>
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</table>
of tube(s) and/or ovary(s)

ICD-10 Diagnosis Codes That Support Medical Necessity:

<table>
<thead>
<tr>
<th>Code</th>
<th>Diagnosis</th>
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<tr>
<td>F64.8</td>
<td>Other gender identity disorders</td>
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<tr>
<td>F64.9</td>
<td>Gender identity disorder, unspecified</td>
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**REIMBURSEMENT INFORMATION:**
Refer to section entitled **POSITION STATEMENT**.

**PROGRAM EXCEPTIONS:**
Federal Employee Program (FEP): Follow FEP guidelines.

State Account Organization (SAO): Follow SAO guidelines.

**Medicare Advantage products:**

The following National Coverage Determination (NCD) was reviewed on the last guideline reviewed date: National Coverage Determination (NCD) for Gender Dysphoria and Gender Reassignment Surgery (140.9); located at cms.gov.

**DEFINITIONS:**
None applicable.

**RELATED GUIDELINES:**
- Blepharoplasty/Brow Surgical Procedures, 02-65000-11
- Infertility, 02-56000-24
- Reconstructive Surgery/Cosmetic Surgery, 02-12000-01
- Reduction Mammoplasty, 02-12000-11

**OTHER:**
Referral letters for surgery may include the following documentation:

1. The patient's general identifying characteristics;
2. Results of the patient's psychosocial assessment, including any diagnoses;
3. The duration of the mental health professional's relationship with the patient, including the type of evaluation and therapy or counseling to date;
4. An explanation that the criteria for surgery have been met, and a brief description of the clinical rationale for supporting the patient's request for surgery; and
5. A statement about the fact that informed consent has been obtained from the patient.

**REFERENCES:**
1. Adelson SL, American Academy of Child and Adolescent Psychiatry (AACAP) Committee on Quality Issues (CQI). Practice parameter on gay, lesbian, or bisexual sexual orientation, gender


4. Centers for Medicare & Medicaid Services (CMS). National Coverage Determination (NCD) for Gender Dysphoria and Gender Reassignment Surgery (140.9); accessed at cms.gov.


19. World Professional Association for Transgender Health (WPATH) (formerly The Harry Benjamin International Gender Dysphoria Association’s Standards of Care for Gender Identity Disorders, Sixth Version, (02/01); accessed at wpath.org.


COMMITTEE APPROVAL:
This Medical Coverage Guideline (MCG) was approved by the Florida Blue Medical Policy & Coverage Committee on 02/25/21.

GUIDELINE UPDATE INFORMATION:

<table>
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<tr>
<th>Date</th>
<th>Description</th>
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<tbody>
<tr>
<td>11/15/11</td>
<td>New Medical Coverage Guideline.</td>
</tr>
<tr>
<td>10/15/12</td>
<td>Annual review; position statement unchanged; references updated.</td>
</tr>
<tr>
<td>11/15/13</td>
<td>Annual review; position statement unchanged; Program Exceptions section updated; references updated.</td>
</tr>
<tr>
<td>11/15/14</td>
<td>Annual review; position statement unchanged; Program Exceptions section updated; references updated.</td>
</tr>
<tr>
<td>07/15/16</td>
<td>Revision; guideline title and position statements section updated.</td>
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<tr>
<td>10/01/16</td>
<td>Revision; coding section updated.</td>
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<tr>
<td>12/28/18</td>
<td>Revision; position statement updated.</td>
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<tr>
<td>05/15/19</td>
<td>Review; Position maintained; description, position statements, and references updated.</td>
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<tr>
<td>08/28/20</td>
<td>Revision; coding section updated.</td>
</tr>
<tr>
<td>01/01/21</td>
<td>Annual CPT/HCPCS update. Codes 19318 and 19325 revised.</td>
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<tr>
<td>02/26/21</td>
<td>Review; Position statements, coding, and references updated.</td>
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